




TRANSFORMATION WORKSHEET #5: Decide What You Want

Once you know your purpose, determine your vision and clarify what your needs and desires are, you have to convert them into specific measurable goals and objectives and then act on them

Take a look at the examples below, then write your top 3 visualized goals in the blanks provided.

What I Want ... Specifically ... By When	Why I Want It
 <p>FINANCIAL GOALS (<i>income, savings & investments, debt reduction, credit</i>)</p> <p><i>By December 31, 2015, I will be earning \$10,000 a month in pre-tax income. By June 30, 2020, I will make the last mortgage payment on the house. On September 1, 2014, I will begin saving \$85/mo for Matt's college tuition.</i></p> <p>1.</p> <p>2.</p> <p>3.</p>	<p><i>So Abby can quit her job and stay home with Matt. To be debt-free after 15 years of credit slavery. To give Matt the best start for his future career.</i></p>
 <p>CAREER / BUSINESS GOALS (<i>new job, self-employed, sales volume</i>)</p> <p><i>I will start my own restaurant consulting business by September 1, 2014. I will develop at least ten clients for the business by December 1, 2014. I will find a financial partner to invest at least \$500,000 by June 30, 2013.</i></p> <p>1.</p> <p>2.</p> <p>3.</p>	<p><i>I want to be free to earn as much as possible. I want to develop a stable income quickly. I want to expand, but only using outside resources.</i></p>
 <p>FREE TIME / FAMILY TIME (<i>days off, trips, hobbies, special events</i>)</p> <p><i>Starting January 2015, I will take off 3 weeks in May and 3 weeks in October. Susan, Matt and I will go on a first-class Kenya safari in October 2014 I will register for ground school Aug 15, 2014 and get my private pilot's license by Aug 31, 2015.</i></p> <p>1.</p> <p>2.</p> <p>3.</p>	<p><i>I have missed too much of Matt's childhood. Susan and I both enjoy nature and exotic locales. It's always been a dream to pilot my own plane.</i></p>

What I Want ... Specifically ... By When	Why I Want It
<p> HEALTH / APPEARANCE GOALS <i>(lose weight, feel younger, eat better)</i></p> <p><i>I will be at my ideal weight of 178 pounds by November 1, 2014.</i> <i>I will consult a holistic doctor about nutrition and lifestyle by June 1, 2014.</i> <i>I will complete my laser eye surgery procedure by September 30, 2014.</i></p> <p>1.</p> <p>2.</p> <p>3.</p>	<p><i>I will need to eat better and work out to reach 178.</i> <i>I have concerns about circulation and longevity.</i> <i>I look better and more confident without glasses.</i></p>
<p> RELATIONSHIP GOALS <i>(family, mentors, business alliances, staff)</i></p> <p><i>I will re-establish communication with my brother by September 19, 2014.</i> <i>I will approach Don Richardson September 3, 2014 about providing referrals.</i> <i>I will begin holding staff trainings every week starting on July 15, 2014.</i></p> <p>1.</p> <p>2.</p> <p>3.</p>	<p><i>Making up will help me bring closure to Dad's death.</i> <i>This will help the business grow in reputation.</i> <i>This will empower the staff and lessen my stress.</i></p>
<p> PERSONAL GROWTH <i>(education, spiritual growth, therapy, training)</i></p> <p><i>I will enroll December 3, 2014 & complete the Men's Basics course at church.</i> <i>I will attend the September 23, 2014 one-day training on negotiating skills.</i> <i>I will begin yoga four times a week, beginning June 15, 2014.</i></p> <p>1.</p> <p>2.</p> <p>3.</p>	<p><i>I have missed the spiritual guidance of male friends.</i> <i>I would like to be more confident when negotiating.</i> <i>I believe I will feel more relaxed.</i></p>
<p> MAKING A DIFFERENCE <i>(charitable giving, church tithes, mentoring)</i></p> <p><i>I will work up to regularly tithing 10% of my gross income by Jan. 6, 2015.</i> <i>I will volunteer mentor at least one young entrepreneur starting Fall Semester.</i> <i>I will initiate a company-wide charitable matching program by Dec. 1, 2015.</i></p> <p>1.</p> <p>2.</p> <p>3.</p>	<p><i>I believe tithing helps me receive back ten-fold.</i> <i>I wish I had a veteran entrepreneur help me.</i> <i>I believe matching gifts boosts employee loyalty.</i></p>